# Foodpreneurs

Explore food, health, careers, and community.

## 1 IDENTITY, INTERESTS & ASSETS




Explore your food interests, strengths, and cultural connections. Identify what you want to learn.

## 2 SAFETY




Investigate safe food preparation, handling, and kitchen practices.

## 3 DIET & NUTRITION




Research ingredients, eating patterns, and nutrition. Use evidence to understand food choices.

## 4 CAREERS & ECONOMICS




Explore food-industry careers, costs, pricing, and the work behind a food product.

## 5 SOCIAL ISSUES




Analyze issues such as food access, waste, and working conditions. Investigate community strengths and needs.

## 6 ACTION PROJECT




Create a food-based action project. Share your learning, review results, and reflect on improvements.

Questions • References • Exploration • Expression • Review • Reflection


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