

# VIRTUAL FAMILY LITERACY WORKSHOPS

## ESTABLISHING BOUNDARIES IN RELATIONSHIPS

PEACE

Do you struggle to say “no,” feel drained in your relationships, or find yourself overextending to meet others’ needs? This interactive workshop is designed to help you recognize, establish, and maintain healthy boundaries in all types of relationships, romantic, familial, professional, and social.

**FRIDAY,  
APRIL 10,  
— 2 0 2 6 —**

**6:00PM–7:00PM**

**CLICK HERE TO JOIN**

