Any Academic Subject or Interest-based **Activity**



Algebra Anatomy Art Biology Calculus Chemistry **Dance Drama/Theater Games Language Arts Mindfulness** Music **Physics Recreational Games Restorative Practices Sports STEAM**

MODELS

9 Approaches to any Activity

CareerVisions

Community Change





FORMAT

6 Parts of a Lesson

- 1. Welcome
- 2. Icebreaker
- 3. Exploratory **Exercise**
- 4. Expression **Exercise**
- 5. Review
- 6. Reflection



FRAMEWORK

3 Components of a Lesson

- 1. Questions
- 2. References
- 3. Exercises



SKILLS

- 1. Critical Thinking to figure things out.
- 2. Research to find things out.
- 3. Executive **Functions** to get things done.





AUTODIDACTS

Self-Taught People





Team Building

Trigonometry







