

FRAMEWORK

3 Components of a Lesson

1. Questions
2. References
3. Exercises

SKILLS

1. **Critical Thinking**
to figure things out.
2. **Research**
to find things out.
3. **Executive Functions**
to get things done.

FORMAT

6 Parts of a Lesson

1. Welcome
2. Icebreaker
3. Exploratory Exercise
4. Expression Exercise
5. Review
6. Reflection

MODELS

8 Approaches to any Activity

CareerVisions

Community Change



Legacy

Money Move\$

PEACE

THE BLACK EXPERIENCE

The Latino EXPERIENCE

Any Academic Subject or Interest-based Activity

Algebra
Art
Biology
Calculus
Chemistry
Dance
Drama/Theater Games
Language Arts
Music
Physics
Recreational Games
Restorative Practices
Sports
STEAM
Team Building
Trigonometry

To support the survival and success of youth, adults, and the agencies that serve them.

AUTODIDACTS

Self-Taught People



Professor A.I.

