



COMMUNITY CHANGE, INC.

2549 Jerome Avenue, #157

Bronx, NY 10468

Tel. 917.674.8269

fax: 888.389.6063

www.communitychangeinc.com

WORKSHOP TEMPLATE

WORKSHOP TITLE Learning About Bullying Through Reading

WORKSHOP DATE 3/25/19

WORKSHOP FACILITATOR(S) Staff WORKSHOP TIME 10:30-1:00

TARGET POPULATION: Fathers

OBJECTIVES: *What knowledge, skills, values and/or experiences will change for the target population as a result of this workshop?*

Fathers will help their children understand about bullying through reading

1. **QUESTIONS:** *briefly state and number the questions that will be addressed during your workshop.*

1. What is bullying and how to identify it?

2. How can we help our child learn about it through reading?

3. Why is it necessary to learn and what should be done when seen?

2. **REFERENCES:** *for each question, provide at least one source of information that provides direct answers to it. Examples of data sources include articles and videos. Details of each reference should be provided so that another person can locate it without assistance.*

1. Bullying is intentional tormenting in physical, verbal, or psychological ways. It can range from hitting, shoving, name-calling, threats, and mocking to extorting money and possessions.

<https://kidshealth.org/en/parents/bullies.html>

2. 14 Must-Read Anti-Bullying Books for Kids –

<https://www.weareteachers.com/14-must-read-anti-bullying-books-for-kids/>

3. Talk about what bullying is before it happens so children can recognize it and know what to do. Point out that bullying is not just when someone is mean to you once, but it happens over and over and makes you feel like you can't stop it. If you want, you could use some of these questions:

- What do you think 'bullying' is?

- Have you seen bullying happening? What did you do? How did you feel?
- Why do you think some people bully other kids?
- Who are the adults you would talk to when it comes to things like bullying?
- Have you ever felt scared to go to school because you were afraid of someone bullying you?
- Has someone tried to bully you? What ways have you tried to change it?
- What do you think parents can do to help stop bullying?
- Have you or your friends left other kids out on purpose? Do you think that was bullying? Why or why not?
- Have you ever tried to help someone who is being bullied? What happened? What would you do if it happens again?

<https://bullyingnoway.gov.au/TeachingAboutBullying/Pages/Talking-about-bullying.aspx>

3. **KEY WORDS, TERMS AND PHRASES:** *list and define the key words and terms related to your workshop.*

- Bullying - abuse and mistreatment of someone vulnerable by someone stronger, more powerful,
- Verbal Abuse - harsh and insulting language directed at a person
- Aggressive - tending toward or exhibiting aggression
- Trauma - a disordered psychic or behavioral state resulting from severe mental or emotional stress or physical injury
- Harass - subject to aggressive pressure or intimidation
- Respect - a feeling of deep admiration for someone or something elicited by their abilities, qualities, or achievements
- Target - a person, object, or place selected as the aim of an attack

4. **SUPPLIES/RESOURCES & SPECIAL INSTRUCTIONS/LOGISTICS:** *list any supplies, materials, templates or special conditions/set-up required to implement this lesson.*

Pencils, paper, HDTV monitor, laptop,

5. **EXPLORATORY EXERCISES/TIME:** *for each of the previously identified questions, explain the activity that will be done that will allow the workshop participants to use a reference to find its answers (i.e. paired reading; round-robin reading; Powerpoint mini-lecture).*

The facilitator began the workshop with an icebreaker called “Word Scramble” which will get the fathers to engage in the topic by figuring out the words that pertain to bullying. A YouTube video was shown discussing the effects of bullying. Handouts was distributed talking about bullying and what can be used when reading with children.

6. **EXPRESSION EXERCISES/TIME:** *for each of the previously identified questions, explain the activity that will be done that will allow the workshop participants to creatively share or express what they learned from the reference (i.e. collage, role-play, talk show skit).*

The staff engaged in a skit highlighting bullying and how to teach children about the topic called “What would you do?” where one staff member bullied another and the fathers were asked what should be done if they see it happening.

7. **REVIEW:** *ask participants to summarize what they learned from this workshop. They should restate 1. the questions explored; 2. the answers found; 3. the references used; and 4. the activities done.*
8. **REFLECTION:** *ask participants to give their feedback about this workshop. They should state how they feel after completing this workshop; what they liked about it; what they didn't like about it; and offer suggestions for improvement.*

The staff asked each father what they got out of the workshop and what they will use when they sit with their children.

9. **EVALUATION:** *ask participants to complete and return the evaluation form that will be provided.*